



Turning Pointe Dance Studio Studio

Address: 22705-8th Avenue, Hillcrest, AB

Mailing Address: 22 Northlander Road West, Lethbridge, AB T1J5G6

Studio: 403-562-7730 **Email:** dgroves@telus.net

Website: www.turningpointedance.ca **Facebook:** Turning Pointe Dance Studio Crowsnest

Advanced 1 Syllabus

Barre

- Pliés
- Battements tendus
- Battements glissés and battements jetés
- Rond de jambe a terre
- Battements fondus and ronds de jambe en l'air
- Battements frappes and petits battements
- Adage
- Grands battments and grands battements en cloche

Centre

- Port de bras
- Centre practice and pirouettes
- Pirouette enchainement
- Adage
- Allegro 1
- Allegro 2
- Allegro 3
- Allegro 4
- Allegro 5

Pointe

- Rises
- Posés and fouettés

- Pointe enchainment 1
- Pointe enchainment 2
- Pointe enchainment 3

Variations

- Variation 1
- Variation 2

Reverence