

Classes

2021-22 Fall- CNP Sessional

Monday

4PM	(MM) Twinkle Star A (9wk Sept 13 - Nov 22) Ages 3-4 yrs - Our Twinkle Star class is a preschool based programs where your child will develop strength and coordination in the body and imagination, musical awareness, and joy of dance. This class incorporates play-based activities emphasizing social skills, learni - 4:30 PM - 5:00 PM
5PM	
6PM	(MM) Acro 3 (9wk Sept 13 - Nov 22) Ages 9-11 yrs - Acrodance is for dancers and builds on their ballet technique by helping develop strength and flexibility It incorporates elements of gymnastics, balancing, limbering, tumbling, and basic contortions. Dancers will learn skills like bridges, handstands, ca - 6:00 PM - 7:00 PM

Tuesday

4PM	(CS) Pre-Primary/Primary Jazz/Tap Combo (9wk Sept 14 - Nov 23) Ages 6-7 yrs - The emphasis in jazz is on the strength and flexibility developed through technically challenging movements such as kicks, leaps and turns. It is dynamic, stylistic & so much fun! - 4:15 PM - 5:00 PM	(TF) Grade 1 Ballet Exam (9wk Sept 14 - Nov 23) Ages 8-9 yrs - Ballet is the foundation of all dance forms. Body placement, flexibility, alignment, strength, and technique are achieved through barre and center floor work. Ballet teaches strength, discipline & grace. This class follows the Royal Academy of Dance's - 4:15 PM - 5:00 PM
5PM	(CS) Jazz 1 (9wk Sept 14 - Nov 23) Ages 8-9 yrs - The emphasis in jazz is on the strength and flexibility developed through technically challenging movements such as kicks, leaps and turns. It is dynamic, stylistic & so much fun! - 5:00 PM - 5:45 PM	(TF) Pre-Primary/Primary Ballet (9wk Sept 14 - Nov 23) Ages 6-7 yrs - Ballet is the foundation of all dance forms. Body placement, flexibility, alignment, strength, and technique are achieved through barre and center floor work. Ballet teaches strength, discipline & grace. This class follows the Royal Academy of Dance's - 5:00 PM - 5:45 PM
6PM	(TF) Twinkle Star B (9wk Sept 14 - Nov 23) Ages 3-4 yrs - Our Twinkle Star class is a preschool based programs where your child will develop strength and coordination in the body and imagination, musical awareness, and joy of dance. This class incorporates play-based activities emphasizing social skills, learni - 5:45 PM - 6:15 PM	
6PM	(TF) Twinkle Kinder Ballet (9wk Sept 14 - Nov 23) Ages 5-6 yrs - Ballet is the foundation of all dance forms. Body placement, flexibility, alignment, strength, and technique are achieved through barre and center floor work. Ballet teaches strength, discipline & grace. This class follows the Royal Academy of Dance Dance - 6:15 PM - 7:00 PM	
7PM		
8PM	(CS) Dance Fusion (Jazz, Hip Hop, Lyrical, Contemp, Acro) (9wk Sept 14 - Nov 23) Ages 12+ yrs - A perfect class for your child to learn various dance disciplines in this 9 week session. - 7:45 PM - 8:30 PM	

Wednesday

4PM	(CS) Jazz 3 (9wk Sept 15 - Nov 24) Ages 9-11 yrs - 4:15 PM - 5:00 PM
5PM	(CS) Lyrical 3 (9wk Sept 15 - Nov 24) Ages 9-11 yrs - 5:00 PM - 5:45 PM

Thursday

10AM	(TF) Twinkle Babies (9wks Sep 16 to Nov 25) Ages 18 mo to 2.5 yrs - 10:00 AM - 10:30 AM
11AM	

12PM	
1PM	
2PM	
3PM	
4PM	<p>(MM) Twinkle Kinder Storybook Acro (9wk Sept 16 - Nov 25) Ages 5-6 yrs - Your child will dive into the world of acro dance in this storybook themed class. Each week the class will be based on a children's storybook. - 4:15 PM - 5:00 PM</p> <p>(TF) Grade 1 Ballet Choreography (9wk Sept 16 - Nov 25) Ages 8-9 yrs - Ballet is the foundation of all dance forms. Body placement, flexibility, alignment, strength, and technique are achieved through barre and center floor work. Ballet teaches strength, discipline & grace. This class follows the Royal Academy of Dance's - 4:15 PM - 5:00 PM</p>
5PM	<p>(TF) Pre-Primary/Primary/Grade 1 Acro (9wk Sept 16 - Nov 25) Ages 6-8 yrs - Acrodance is for dancers and builds on their ballet technique by helping develop strength and flexibility It incorporates elements of gymnastics, balancing, limbering, tumbling, and basic contortions. Dancers will learn skills like bridges, handstands, ca - 5:00 PM - 6:00 PM</p> <p>(TF) Twinkle Kinder Jazz/Tap Combo (9wk Sept 16 - Nov 25) Ages 5-6 yrs - In this combo class, your dancer will learn both Jazz & Tap disciplines. The diciplines will alternate each week with 1 week Jazz then the next week Tap. Your dancer will develop strength and flexibility to learn jumps, leaps and kicks in jazz & in Tap le - 5:00 PM - 5:45 PM</p> <p>(TF) Twinkle Star Jazz/Tap Combo (9wk Sept 16 - Nov 25) Ages 3-4 yrs - In this combo class, your dancer will learn both Jazz & Tap disciplines. The diciplines will alternate each week with 1 week Jazz then the next week Tap. Your dancer will develop strength and flexibility to learn jumps, leaps and kicks in jazz & in Tap le - 5:45 PM - 6:15 PM</p>
6PM	<p>(TF) Grade 1 Tap (9wk Sept 16 - Nov 25) Ages 8-9 yrs - Tap focuses on musical phrasing and the complexity of rhythms with the challenge of making melodies with the feet! - 6:00 PM - 6:30 PM</p>
7PM	<p>(MM) Dance Jam Groove (Jazz, Hip Hop, Acro) (9wk Sept 16 - Nov 25) Ages 8-12 yrs - Based on the hit movie Space Jam! Your dancer will learn the disciplines of Jazz, Hip Hop, & Acro in this themed class! - 7:15 PM - 8:00 PM</p>

Friday	
4PM	<p>(KK) Hip Hop 3 (9wk Sept 17 - Nov 26) Ages 9-11 yrs - Hip Hop is evolved out of street and breakdance moves and is characterized by vigorous athletics and a bouncy style. - 4:00 PM - 4:45 PM</p> <p>(MM) Tap 3 (9wk Sept 16 - Nov 25) Ages 9-11 yrs - Tap focuses on musical phrasing and the complexity of rhythms with the challenge of making melodies with the feet - 4:45 PM - 5:30 PM</p>
5PM	
6PM	
7PM	<p>(KK) Intermediate Foundation Contemporary (9wk Sept 17 - Nov 26) Ages 12+ yrs - Contemporary dance is a style of expressive dance that combines several dance genres including jazz, lyrical & ballet. Contemporary encourages students to strive to connect the mind and body through fluid dance movements. - 7:15 PM - 8:00 PM</p>
8PM	<p>(KK) Intermediate Foundation Hip Hop (9wk Sept 17 - Nov 26) Ages 12+ yrs - Hip Hop is evolved out of street and breakdance moves and is characterized by vigorous athletics and a bouncy style. - 8:00 PM - 8:45 PM</p>