

Turning Pointe Dance Studio Studio

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Pre-Primary in Dance Syllabus

- •Warm-Up
- Legs and Feet
- Fingers and Hands
- Walks
- •Run and Balance
- Bounce and Jump
- Bend and Spin
- Picked Up Gallops
- Claps and Jumps
- Skips
- •Imaginative Movement Sequence
- •Cool-down